

# **ASTRAL TRAVEL**

**Ray I. Semler**

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### **Astral Travel - Telepathy and Dream Control**

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### **The Startling Truth About Astral Projection (it's not real)**

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### **Astral Projection: Just a Mind Trip**

Astral projection (or astral travel) is a spiritual interpretation of the out of body experience. Astral Projection is a very common occurrence.

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### **Astral Projection - Crystalinks**

Astral projection (or astral travel) is a term used in esotericism to describe a willful out-of-body experience (OBE) that assumes the existence of a soul or.

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Imagine the intensity of the fear if you truly believed these were evil beings from a spirit world. Don't try to Astral Astral Travel after watching a scary movie. However, such experiments haven't produced clear results. I've been unsuccessful so far; however, I'm meditating and concentrating energy into my third eye, allowing my mind to believe I can astral project. How to practice astral travel and telepathy. To lucid dream, I recommend being able to remember at least one vivid Astral Travel per night. Reach this state using the following method: Dreaming itself is a normal function of the mind.